

Day	Period	Green Star	Instructor	Room	Red Star	Instructor	Room	Silver Star	Instructor	Room	Gold Star	Instructor	Room	
11-Sep-06 Combats	1	Commanding Officers Address												
	2	Supply Administration (Senior Meeting)												
	3	Star Level Administration - Interviews												
18-Sep-06 Uniform	1	Recruit Training Serial 1-1	CI Basham	402.X1 Keeping a Log	OCdt Goodale	P20	402 Fundamentals Home Study Program	2Lt Murray	213	402.X1 Keeping a Log	Capt Danta	P19		
	2			402.07 Understand unit organization	OCdt Goodale	P20	405.R Map and Compass Review	2Lt Murray	213	405.R Map and Compass Review	Capt Danta	P19		
	3			Review Drill	OCdt Goodale	DDS	405.R Map and Compass Review	2Lt Murray	213	405.R Map and Compass Review	Capt Danta	LD		
25-Sep-06 PT Gear	1	Recruit Training Serial 1-2	CI Basham	Sports Night										
	2			Recruit Training Serial 1-3	CI Basham	403.15 Maintain section equipment	OCdt Goodale	P20	406.01 Fire Rifle in the standing position (Outside)	2Lt Murray	Out/213	412.08 Organize a Community activity	Capt Danta	P19
	3					403.15 Maintain section equipment	OCdt Goodale	P20	406.01 Fire Rifle in the standing position (Outside)	2Lt Murray	Out/213	412.08 Organize a Community activity	Capt Danta	P19
CO's Parade														
02-Oct-06 Uniform	1	Recruit Training Serial 1-3	CI Basham	403.15 Maintain section equipment	OCdt Goodale	P20	406.01 Fire Rifle in the standing position (Outside)	2Lt Murray	Out/213	412.08 Organize a Community activity	Capt Danta	P19		
	2			403.15 Maintain section equipment	OCdt Goodale	P20	406.01 Fire Rifle in the standing position (Outside)	2Lt Murray	Out/213	412.08 Organize a Community activity	Capt Danta	P19		
	3			CO's Parade										
09-Oct-06	1	Thanksgiving (No Cadets)												
	2	Thanksgiving (No Cadets)												
	3	Thanksgiving (No Cadets)												
16-Oct-06 Uniform	1	Recruit Training Serial 1-5	CI Basham	403.14 Methods of environ safe waste disposal in field	OCdt Goodale	P20	405.24 Judge a distance	2Lt Murray	213	401.25 Execute flag party drill	Capt Danta	DDS		
	2			402.08 History of the RCAC	OCdt Goodale	P20	405.X1 Set up of a Bell Tent	2Lt Murray	Out	402.12 Complete a Parade State	Capt Danta	P19		
	3			401.16 About turn on march 1/2	OCdt Goodale	DDS	405.X2 Location and Storage of equipment in Supply	2Lt Murray	213	402.13 Write a memorandum	Capt Danta	LD		
23-Oct-06 PT Gear	1	Recruit Training Serial 1-6	CI Basham	Sports Night (ACFT)										
	2			Recruit Training Serial 1-7	CI Basham	405.R Map and Compass Review	OCdt Goodale	P20	405.11 Measure a grid bearing	2Lt Murray	213	411.10 Task Procedure	Capt Danta	P19
	3					401.16 About turn on march 2/2	OCdt Goodale	DD	405.11 Measure a grid bearing	2Lt Murray	213	411.10 Task Procedure	Capt Danta	P19
CO's Parade - Recruit Grad 1														
06-Nov-06 Uniform	1	403.X2 Set up of a Bell Tent	CI Basham	Out	403.16 Knots 2	OCdt Goodale	P20	403.X8 Inspect section equipment 1/2	2Lt Murray	213	405.13 Re-section	Capt Danta	209	
	2	403.X2 Set up of a Bell Tent	CI Basham	Out	403.16 Knots 2	OCdt Goodale	P20	409.01 Principles of Instruction	2Lt Murray	213	405.13 Re-section	Capt Danta	209	
	3	401.13 Left and Right turns on the March	CI Basham	DDN	401.17 Squad in threes forming single file from halt	OCdt Goodale	DDS	409.01 Principles of Instruction	2Lt Murray	213	411.12 Leader Responsib as a Role Model	Capt Danta	209	
13-Nov-06 Uniform	1	403.X3 Set up of a House Tent	WO Mourpoulus	Out	405.05 Distance bet'n two points on a map	OCdt Goodale	P20	409.03 Plan a proper lesson plan	2Lt Murray	213	401.25 Execute flag party drill	Capt Danta	DD	
	2	403.X3 Set up of a House Tent	WO Mourpoulus	Out	405.05 Distance bet'n two points on a map	OCdt Goodale	P20	409.03 Plan a proper lesson plan	2Lt Murray	213	411.11 Two types of Discipline	Capt Danta	LD	
	3	401.R Drill Review	CI Basham	DDN	401.18 Squad in single file re-forming threes on the march 1/2	OCdt Goodale	DDS	409.02 Methods of instruction	2Lt Murray	213	411.11 Two types of Discipline	Capt Danta	LD	
20-Nov-06 PT Gear	1	Sports Night (Platoon Comp)												
	2	Sports Night (Platoon Comp)												
	3	Sports Night (Platoon Comp)												

Day	Period	Green Star	Instructor	Room	Red Star	Instructor	Room	Silver Star	Instructor	Room	Gold Star	Instructor	Room
CO 27-Nov-06 Uniform	1	403.01 Select personal clothing and equipment	CI Basham	P20	410.03 Ways to avoid stage fright	OCdt Goodale	P20	409.04 Question Technique	2Lt Murray	213	401.25 Execute flag party drill	Capt Danta	DD
	2	403.01 Select personal clothing and equipment	CI Basham	P20	410.03 Ways to avoid stage fright	OCdt Goodale	P20	409.04 Question Technique	2Lt Murray	213	412.08 Community activity Progress Rpt.	Capt Danta	LD
	3	CO's Parade											
04-Dec-06 Uniform	1	406.01 Observe safety precautions	CI Basham	P19	402.09 Canadian, provincial, territorial and army cadet flags	OCdt Goodale	P20	401.22 Order a platoon on parade	2Lt Murray	DDN	401.25 Execute flag party drill	Capt Danta	DDS
	2	characteristics of the Daisy 853C	CI Basham	P19	and army cadet flags	OCdt Goodale	P20	405.12 Convert Grid Bearings to Mag	2Lt Murray	213	Preparation of a Lesson	Capt Danta	209
	3	403.02 Pack and carry individual clothing and equipment	CI Basham	P19	401.18 Squad in single file re-forming threes on the march 2/2	OCdt Goodale	DD	405.12 and vice versa	2Lt Murray	213	409.07 Review Principles of Instr. and Preparation of a Lesson	Capt Danta	209
11-Dec-06 Uniform	1	406.04 Adopt the prone position	CI Basham	P19	402.R Fundamentals Review	OCdt Goodale	P20	402.T Fundamentals Test	2Lt Murray	213	401.25 Execute flag party drill	Capt Danta	DD
	2	406.03 Load fire and unload the Daisy 853C rifle	CI Basham	P19	402.T Fundamentals Test	OCdt Goodale	P20	402.T Fundamentals Test	2Lt Murray	213	409.08 Write Class mutual LP	Capt Danta	209
	3	406.05 Discuss principles of marksmanship Part 1	CI Basham	P19	401.19 Squad in line forming single file from the halt	OCdt Goodale	DDS	401.23 Adopt platoon formations 1/2	2Lt Murray	DDN	406.08 Observe duties and responsibilities of range personnel	Capt Danta	209
18-Dec-06 PT Gear	1	Fun Night (Platoon Comp)/ Movie											
	2												
	3												
08-Jan-07 Combats	1	403.X4 Introduction to CF Winter Gear and Cold Weather	CI Basham	P20	405.06 Contour lines	OCdt Goodale	213	Optional Trg (Sports) 2Lt Murray - Drill Deck					
	2	and Cold Weather	CI Basham	P20	405.06 Contour lines	OCdt Goodale	213						
	3	401.XR Rifle Drill	CI Basham	DDN	401.20 Squad in single file re-forming in line on the march 1/2	MWO Mouriopoulos	DDS						
15-Jan-07 PT Gear /Uniform	1	Optional Trg (Sports) - CI Basham - Drill Deck						409.05 Verbal supports	2Lt Murray	213	401.25 Execute flag party drill	MWO Mouriopoulos/ WO Melanson	DD
	2	Optional Trg (Soap Box Racers) - Ocld Goodale - P20						401.23 Adopt platoon formations 2/2	2Lt Murray	DD	405.13 Re-section	Ocld Goodale	P20
	3							412 Citizenship Home Study Program	2Lt Murray	213	405.13 Re-section	Ocld Goodale	P20
22-Jan-07 Uniform /PT Gear	1	403.09 Discuss natural hazards	CI Basham	213	410.04 Talk for 5 mins	OCdt Goodale	209/DD	Optional Trg (Soap Box Racers) - Ocld Goodale - P20					
	2	412.01 Canadian Citizenship	CI Basham	213	410.04 Talk for 5 mins	OCdt Goodale	209/DD						
	3	401.XR Rifle Drill	WO Mourpoulos	DDN	401.20 Squad in single file re-forming in line on the march 2/2	OCdt Goodale	DDS						
29-Jan-07 Uniform	1	Optional Trg (Model building) - CI Basham - P20						409.06 Make a Visual aids	2Lt Murray	213	401.26 Drill mutual	Ocld Goodale	DD
	2	CO's Parade						409.06 Make a Visual aids	2Lt Murray	213	409.07 Class mutual	Ocld Goodale	209/DD
	3												
05-Feb-07	1	403.10 Demonstrate a concern for the environment	CI Basham	DD	405.07 Parts of a compass and functions	2Lt Murray	213	Optional Trg (Soap Box Racers) - Ocld Goodale - P20					
	2	410.01 speech preparation	CI Basham	DD	405.07 Parts of a compass and functions	2Lt Murray	213						

Day	Period	Green Star	Instructor	Room	Red Star	Instructor	Room	Silver Star	Instructor	Room	Gold Star	Instructor	Room
Uniform /PT Gear	3	401.XR Rifle Drill	CI Basham	DD	401.21 Change step on the march	2Lt Murray	213						
12-Feb-07 PT Gear /Uniform	1	Optional Trg (Sports) - CI Basham - Drill Deck					401.OP Observe demo drill period	2Lt Murray	DDN	401.26 Drill mutual	Ocdt Goodale	DD	
	2						401.OP Observe demo drill period	2Lt Murray	DDN	409.07 Class mutual	Ocdt Goodale	P20	
	3						401.26 Write Drill mutual LP	2Lt Murray	213	409.07 Class mutual	Ocdt Goodale	P20	
19-Feb-07 Uniform /PT Gear	1	410.02 Talk for 3 minutes on a subject of the cadet's choice	CI Basham	P20	405.08 Points on a compass 1/2	OCdt Goodale	213	Optional Trg (Sports) - 2Lt Murray - Drill Deck					
	2	410.02 Talk for 3 minutes on a subject of the cadet's choice	CI Basham	P20	405.08 Points on a compass 2/2	OCdt Goodale	213						
	3	401.XR Rifle Drill	CI Basham	DDN	401.21 Change step on the march	OCdt Goodale	DDS						
Saturday 24-Feb-07 Combats /PT Gear	1	403.03 Apply the principles of safe tool craft	CI Basham	P20	411.02 Qualities of a leader	OCdt Goodale	213	405.R Silver Map and Compass Review	2Lt Murray	209	401.26 Drill mutual	Capt Danta	DD
	2	411.01 Carry out the duties of a Team Member	CI Basham	P20	411.02 Qualities of a leader	OCdt Goodale	213	409.07 Write Class mutual LP	2Lt Murray	209	409.07 Class mutual	Capt Danta	DD
	3	401.XR Rifle Drill	CI Basham	DDN	405.09 Orient a map using a compass and Mag Dec	OCdt Goodale	213	409.07 Write Class mutual LP	2Lt Murray	209	409.07 Class mutual	Capt Danta	DD
	4	402.05 cadet corps and the affiliated unit history	CI Basham	P20	405.09 Orient a map using a compass and Mag Dec	OCdt Goodale	213	411.05 Leadership, Management and Command - Op Geronimo	2Lt Murray	209	413.04 Organize Taboid Sports Meet	Capt Danta	DD
	5	402.06 Identify badges and Medals of the RCAC	CI Basham	P20	401.21 Drill Review	OCdt Goodale	DDS	411.06 List the three styles of Leadership	2Lt Murray	209	413.04 Organize Taboid Sports Meet	Capt Danta	DD
	6	401.XR Rifle Drill	CI Basham	DDN	401.T Drill Test	OCdt Goodale	DDS	411.06 List the three styles of Leadership	2Lt Murray	209	413.04 Organize Taboid Sports Meet	Capt Danta	DD
26-Feb-07 Uniform	1	Optional Trg (Model building) - CI Basham - P20					405.T Map and Compass Test	2Lt Murray	213	409.07 Class mutual	Ocdt Goodale	209/DD	
	2						405.T Map and Compass Test	2Lt Murray	213	409.07 Class mutual	Ocdt Goodale	209/DD	
	3	CO's Parade											
05-Mar-07 Uniform /PT Gear	1	402.R Fundamental Review	CI Basham	213	405.09 Orient a map using a compass and Mag Dec	2Lt Murray	209	Optional Trg (Soap Box Racers) - Ocdt Goodale - P20					
	2	402.T Fundamental Test	CI Basham	213	411.03 Morale and Esprit de corps	2Lt Murray	209						
	3	401.XR Rifle Drill	CI Basham	DD	411.03 Morale and Esprit de corps	2Lt Murray	213						
March Break 12-Mar-07 Civies	1	March Break Optional Training (Movie)											
2													
3													
19-Mar-07 PT Gear	1	Optional Trg (Sports) - Gold Stars - Drill Deck					Optional Trg (Sports) - Gold Stars - Drill Deck						
	2												
	3												
Saturday 24-Mar-07 Combats	1	405.01 Intro to Map Using	CI Basham	P20	406.06 Principles of Marksman Pt2	OCdt Goodale	213	411.07 Process of Communication	2Lt Murray	209	401.26 Drill mutual	Capt Danta	DD
	2	405.01 Intro to Map Using	CI Basham	P20	411.04 10 principles of leadership	OCdt Goodale	213	411.08 Supervise a cadet activity	2Lt Murray	209	401.26 Drill mutual	Capt Danta	DD
	3	401.XR Rifle Drill	WO Mourpoulus	DD	411.04 10 principles of leadership	OCdt Goodale	213	411.08 Supervise a cadet activity	2Lt Murray	209	405.14 Plan and Lead a Navigation ex	Capt Danta	DD

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Saturday 24-Mar-07	4	405.06 Principles of outdoor cooking with water procured in field	CI Basham	P20/Out	403.18 Observe Hiking Techniques	OCdt Goodale	Out	411.09 Solve a problem	2Lt Murray	213	409.07 Class mutual	Capt Danta	209
	5	405.02 Conventional Signs	CI Basham	P20	403.X1 Hike on Trails with pack	OCdt Goodale	Out	411.09 Solve a problem	2Lt Murray	213	409.07 Class mutual	Capt Danta	209
	6	405.02 Conventional Signs	CI Basham	P20	403.X1 Hike on Trails with pack	OCdt Goodale	Out	Leadership Taskings	2Lt Murray	213/Out	405.14 Plan and Lead a Navigation ex	Capt Danta	209
26-Mar-07 Uniform	1	Optional Trg (Model building) - CI Basham - P20					Leadership Taskings	2Lt Murray	213/Out	401.25 Execute flag party drill	MWO Mouriopoulos	DD	
	2						Leadership Taskings	2Lt Murray	Out	401.25 Execute flag party drill	Mouriopoulos/	DD	
	3	CO's Parade											
02-Apr-07 Uniform /PT Gear	1	405.03 Four and Six Figure grid reference and Construct a romer	CI Basham	213	405.20 Discuss dangerous animals	OCdt Goodale	209/DD	Optional Trg (Soap Box Racers) - Ocld Goodale - P20					
	2	405.03 Four and Six Figure grid reference and Construct a romer	CI Basham	213	405.10 Measure a magnetic bearing	OCdt Goodale	209/DD						
	3	405.03 Four and Six Figure grid reference and Construct a romer	CI Basham	213	405.10 Measure a magnetic bearing	OCdt Goodale	209/DD						
Easter 09-Apr-07	1	Easter (No Cadets)											
	2												
	3												
16-Apr-07 PT Gear /Uniform	1	Optional Trg (Sports) - CI Basham - Drill Deck					Leadership Taskings	2Lt Murray	213/Out	405.15 GPS Training	Ocld Goodale	P20	
	2						Leadership Taskings	2Lt Murray	213/Out	405.15 GPS Training	Ocld Goodale	P20	
	3						Leadership Taskings	2Lt Murray	213/Out	405.15 GPS Training	Ocld Goodale	P20	
23-Apr-07 Uniform /PT Gear	1	405.04 Orient a map by inspection	CI Basham	P20	405.19 Prepare for an expedition	OCdt Goodale	213	Optional Trg (Sports) - 2Lt Murray - Drill Deck					
	2	401.XR Rifle Drill	CI Basham	P20	405.19 Prepare for an expedition	OCdt Goodale	213						
	3	spare			spare								
30-Apr-07 Uniform	1	Optional Trg (Model building) - CI Basham - P20					Leadership Taskings	2Lt Murray	213/Out	402/405/409/411/412Gen Kwledg Review	Ocld Goodale	209	
	2						Leadership Taskings	2Lt Murray	213/Out	402/405/409/411/412Gen Kwledg Review	Ocld Goodale	209	
	3						CO's Parade						
07-May-07 Civies /Combats	1	405.X1 Bus Map Navigation	CI Basham	Out	412.04 Important elements of Canadian history and heritage 1/2	OCdt Goodale	P20	Leadership Taskings	2Lt Murray	213/Out	Work on Nav Ex	Capt Danta	209
	2	405.X2 Navigate around Hamilton	CI Basham	Out	411.R Leadership Review	OCdt Goodale	P20	Leadership Taskings	2Lt Murray	Out	General Knowledge Test	Mouriopoulos	209
	3	405.X2 Navigate around Hamilton	CI Basham	Out	411.T Leadership Test	OCdt Goodale	P20	Leadership Taskings	2Lt Murray	213/Out	General Knowledge Test	MWO Mouriopoulos	209
14-May-07 Uniform	1	spare			413.02 Components of personal fitness	OCdt Goodale	P20	412.T Citizenship Test	2Lt Murray	213	405.14 Nav Ex Completion Progress Rpt.	Capt Danta	DD
	2	spare			413.02 Components of personal fitness	OCdt Goodale	P20	412.T Citizenship Test	2Lt Murray	213	401.24 Organize an annual review	MWO Mouriopoulos	DD
	3	spare			412.04 Important elements of Canadian history and heritage 2/2	OCdt Goodale	P20	spare	2Lt Murray	213	401.24 Organize an annual review	MWO Mouriopoulos	DD

Day	Period	Green Star	Instructor	Room	Red Star	Instructor	Room	Silver Star	Instructor	Room	Gold Star	Instructor	Room
21-May-07	1	Victoria Day (No Cadets)											
	2												
	3												
28-May-07 Uniform	1	(Mon) Annual Review Practice											
	2												
	3												
02-Jun-05 PT Gear	1	(Sat) Annual Review Practice											
	2												
	3												
04-Jun-05 Uniform	1	Annual Review Parade											
	2												
	3												
11-Jun-05 PT Gear	1	Optional Trg (Range)											
	2												
	3												
Stand Down 18-Jun-05 PT Gear	1	Fun Night											
	2												
	3												
TOTAL		51 Nightly Periods /			51 Nightly Periods /			51 Nightly Periods /	51 Nightly Periods /		51 Nightly Periods /	51 Nightly Periods /	51 Nightly Periods /
36 Nights		@3/Night			54 Periods			54 Periods					

To be taught in the field

403.05 Light a stove and lantern
403.08 Follow camp routine and discipline in the field
403.12 Light a Fire
403.13 Field signals and formations

403.14 Employ methods of environmentally safe waste disposal in the field
403.17 Identify bivouac site and all its various components
403.18 Observe hiking techniques

403.21 Discuss survival psychology and strategy
403.22 Predict a change in weather
403.24 Construct an improvised shelter

To be practised in the field

403.02 Pack and carry individual clothing and equipment
403.03 Apply the principles of safe toolcraft
403.06 Principles of outdoor cooking with water procured in the field
403.07 Construct a shelter
403.09 Discuss natural hazards
403.10 Demonstrate a concern for the environment

403.14 Employ methods of environmentally safe waste disposal in the field
403.15 Maintain section equipment
403.16 Tie a knot (bowline, Fisherman's and square lashing)
403.19 Prepare for an expedition
403.20 Discuss dangerous animals

403.23 Judge a distance

Day	Period	Green Star	Instructor	Room	Red Star	Instructor	Room	Silver Star	Instructor	Room	Gold Star	Instructor	Room
		403.11 Tie a knot (thunb, figure 8, and reef knots, clove and half hitches											
		To be taught/practised on trip/weekend			412.03 Discuss roles of service clubs in your community 412.04 Recognise Important elements of Canadian history and heritage Trip to Westfield/Dundurn Castle/War Museum								
		To be Tested in field			405.T M&C Test								